



**FEDERATION  
INTERNATIONAL DE  
ROLLER SPORTS (FIRS)  
ANTI-DOPING RULES**

**Anti-doping Guidelines for Obligatory  
Testing Menus  
Host Federations World Championship**

**Out of Competition Testing  
FIRS Registered Testing Pool**

## Introduction and Scope

### Source Documents

- *World Anti-Doping Code 2015.*
- *International Standard for Testing and Investigations*
- *The TDSSA refers to the WADA Technical Document for Sport Specific Analysis.*
- *WADA “Guidelines for implementing an effective athlete whereabouts program”.*

All the above mentioned WADA’s Regulations and Documents are found on *WADA web pages* ([www.wada-ama.org](http://www.wada-ama.org)).

## **Obligatory Testing Menus – National Federations Hosting World Championship**

Obligatory percentages included in the testing menu for FIRS is listed below. Federations hosting FIRS World Championships must comply with this schedule and with the FIRS ADP when contracting sampling agencies and analyses for doping controls

ESA – Erythropoetin Stimulating Agents – EPO and like compounds  
Can be detected in blood and urine

HGH Human Growth Hormone  
Detectable blood only

GHRF Growth Hormone Releasing Factor

## **Roller Sports - Obligatory Testing Menus 2015 IC & OC - Expressed as % of total tests**

Discipline	Event	ESA%	HGH & GHRFs
		EPO & Analogues	Growth Hormone (blood) Growth Hormone Releasing Factor(urine)
		Urine and/or blood	
	200-		
Inline speed	1000m	15	10
Inline speed	Distance	30	10
Artistic		5	5
Hockey		5	10

More TDSSA information: <https://www.wada-ama.org/en/resources/the-code/tdssa-technical-document-sport-specific-analysis>

## FIRS Registered Testing Pool (RTP)

The Signatories, including FIRS, to the World Anti-Doping Code recognise that effective Out-of-Competition Testing programmes are essential to the fight against doping in sport and that effective Out-of-Competition Testing depends upon accurate and complete Athlete whereabouts information.

### **Out-of-Competition Testing**

Out-Of-Competition Testing may be conducted by FIRS, WADA or a National Anti-Doping Organisation, or agencies appointed by them, at any time or location in any member country. This testing shall be carried out without any advance notice to the Athlete or his National Federation. Every Athlete affiliated with a member Federation is obliged to undergo Out-of-Competition Testing as decided by the FIRS, WADA or the National Anti-Doping Organisation.

The WADA Technical Document for Sport Specific Analysis (TDSSA) is intended to ensure that the prohibited substances and methods within the scope of the TDSSA that are deemed to be at risk of abuse in certain sports/disciplines are subject to an appropriate and consistent level of analysis by all Anti-doping Organisations (ADOs) that conduct Testing in those sports/disciplines. Compliance with the TDSSA is mandatory under the WADA Code 2015.

From the *Prohibited List*, the prohibited substances that are within the current scope of the TDSSA are: Erythropoiesis Stimulating Agents (ESAs), Human Growth Hormone (hGH), Growth Hormone Releasing Factors (GHRFs). The prohibited substances within the scope of the TDSSA cannot be tested through a routine standard urine analysis and require specialized analysis methods (which may include collecting & analysing both urine and blood samples).

FIRS identifies a Registered Testing Pool of approximately twenty (20) Athletes who are required to comply with the strict whereabouts requirements of Annex I to the International Standard for Testing and Investigations, and shall then make available through ADAMS, a list which identifies those Athletes included in its Registered Testing Pool by name, Nationality, discipline and event. Athletes will be notified in writing by FIRS, of their inclusion in the RTP and of their obligations and of their removal from the RTP including effective dates.

Copies of RTP notifications will be sent to

- The athlete's National Federation
- The athlete's NADO
- WADA